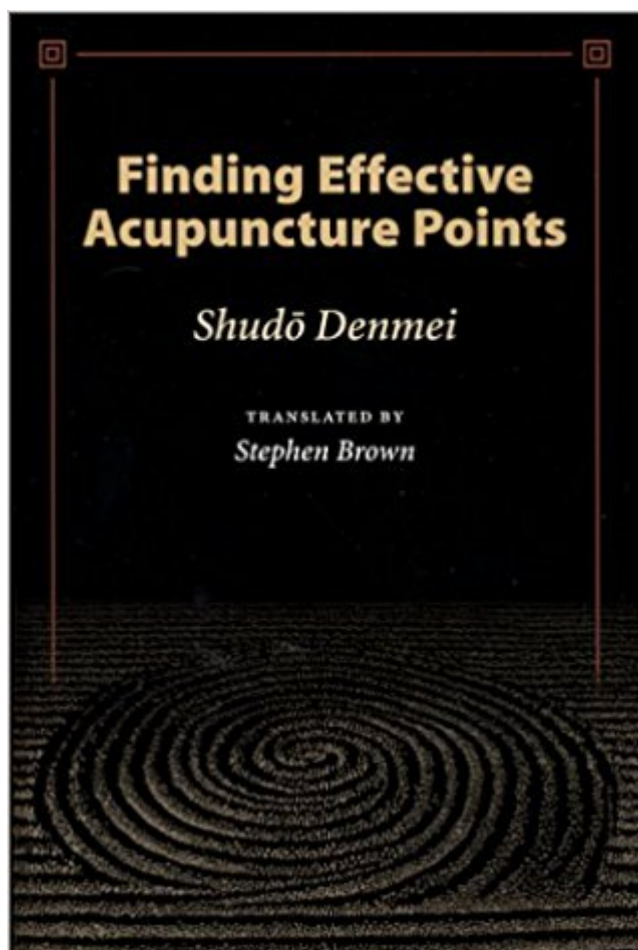


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# Finding Effective Acupuncture Points



## Synopsis

The author, one of the masters of the meridian therapy movement in Japan, has selected 160 of his favorite points. He describes how to use palpation to find the points and determine whether they are 'active.' He then identifies the particular conditions for which each point is best suited.

## Book Information

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Average Customer Review: 4.2 out of 5 stars [See all reviews](#) (17 customer reviews)

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## Customer Reviews

Shudo Sensei is a true gift to the Acupuncture community. It is rare to find an acupuncturist with such great skill and even more rare to find one who is willing to share his information and personal experiences so openly. Shudo Sensei provides a practical look at points which are commonly used and explains proper needling technique, location and indications. He still stresses the need for a proper root treatment, but also provides "symptomatic" uses for points, along with stories of personal experience. Steven Brown does an amazing job translating this book and makes me think that his skill as a translator is only matched by his abilities as an acupuncturist. If you want your acupuncture treatments become more effective you must read this book.

I have been fortunate enough to attend a seminar with Shudo Demei and his ease, technique and understanding of acupuncture blew me away. I highly recommend this book to anyone who wishes to improve their abilities as an acupuncturist. Shudo Sensei fills the pages with alternative point locations, alternative uses for common points, case histories, and clinical experience. The information in these pages can be found nowhere else as Shudo Sensei himself has based the

majority of this information off his many years of clinical experience. I must also thank Stephen Brown for his great work in translating this book. His translation skills are matched only by his skills as an acupuncturist.

Quite a bit of useful information in one book with a very effective index at the back. Most helpful!

This book is a great learning tool for acupuncturists. It teaches a Japanese perspective on the art of acupuncture and how to optimize the effectiveness of treatment. It gives a wholistic view on how acupuncture is very individualistic. It highlights how it is a profound medicine that is so unique to each individual practitioner and helps guide the practitioner on how to recognize imbalances through the touch.

This book condenses many insights of Master acupuncturist Shudo Denmei. He discusses many of the points he uses, when he uses them, and how often. He explains how to palpate and find the points too. I now regularly use much of what he so generously offers to the public.

As precise as Deadman on point location, but also fleshed out with some clinical notes from the author's personal experience. A very useful little reference book.

Wonderful text and a good companion to Shudo Sensi's classic text on Meridian Therapy. I learned a lot from this book. Shudo Sensei continues in the friendly, helpful, and conversational style that makes his Meridian therapy such a success. His point descriptions are quite different at times from those of TCM textbooks and are an interesting read. I love this book!

this book is the combo of having a chat with a master as well as being a fly on the wall in his clinic. rather than being concrete and fixed in nature, Shudo sensei captures the living entity of acupuncture points in a way that bridges the modern practice of our medicine with its taoist shamanistic roots. to go along with this text, i would recommend getting ahold of Shudo sensei's point location practice dvd; it is available through NAJOM [...]

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